



## People First<sup>®</sup> of California, Inc.

### Board of Directors Meeting

January 28-29, 2011

Courtyard by Marriott, 1782 Tribute Road  
Sacramento, California 95815

## MINUTES

### BOARD MEMBERS PRESENT (region)

Gail Walters (1)  
Roger Pulliam (2)  
Cindy Lee Richards (3) **(Absent)**  
Vacant – (4)  
Carmen Quinones (5)  
Anders Pearson (6)  
Robert Jacques (7) **(Absent)**  
Terrail Lott (8)  
Jody Barker (9) (Sargeant @ Arms)  
Kecia Weller (10) (President)  
Hallie Long (11)  
Vacant (12)  
Chris Pirino (13)

Scott Winfield (Vice President)  
Roy Rocha (8) (Member@ Large & Treasurer

### OTHERS PRESENT

Robin Rhoades (Deputy Executive)  
Carlos Palacios (Clerical Support)  
Debby Vinson (1) (Helper)  
Penny Vinson (1) Alternate  
Wanda Henderson (Helper – 1)  
Cindi Freshour (Region 2 – Helper )  
David Miklas (Helper-9)  
Keith Bonchek (Outreach Coord.)  
Regina Woodliff (5) Alternate  
Glen Callister (8) Alternate  
Terri Davis (8)

Ryan Duncanwood (SABE)  
Darlene Martin (Ryan's Helper)  
Linda Thompson (CMP)



# Minutes of Board Meeting

January 28, 29, 2011  
 Courtyard by Marriott, Cal Expo,  
 1782 Tribute Road, Sacramento, CA. 95815

## Friday, January 28, 2011

**Meeting Called to Order:** Kecia called the meeting to order at 1:00 pm

**Introductions:** Self introductions

**Anthem:** Group participation

**Board Minutes Approved:**

Terrail made a motion to approve the minutes as mailed. Jody 2nd, (Correction to minutes should read next board meeting is April 8 - 10, 2011) Minutes approved

**Treasurer's Report:** Roy Rocha gave the Financial Report to the Board. Board approved the report as given. Roger made a motion to approve the report, Anders 2<sup>nd</sup>. There was a question regarding the lower portion of the report, the board was informed that an explanation would be given when Mike Everson comes to the meeting this afternoon.



**Closed Session**

Executive Director's Evaluation

Closed session

**Strategic Planning – Kecia**

Scott Winfield read to the board, the handout entitled "What is Strategic Planning". Kecia asked the board what they thought a strategic plan was. Roger made a motion to have the Executive Committee work on the frame work regarding a Strategic Plan and bring it back to the entire board. Roger 1<sup>st</sup>, Terrail 2<sup>nd</sup> Motion carried with one abstention

**So Cal Outreach Coordinator's Report – Keith**

Anders read the portion of the report regarding the PFCA Tax ID and non-profit status to the board. Some suggestions we heard from people at the board meeting



were as follows:

- Hallie Long said her chapter has an account at Wells Fargo and she informed the bank that the chapter is a non-profit.
- Linda Thompson says her chapter uses the San Diego UCP non-profit Tax ID Number. UCP controls the account and supplies a financial report to the chapter.

### Area Board Responsibility

A handout was given to board members showing some of the Area Boards with their address time and place where they will be holding their board meetings. Kecia explained what will occur when they attend the area board meetings:

1. The PFCA Representative will be placed on the Area Board Agenda
2. 10 Minutes to give report to the Area Board about what PFCA is doing in their local regions.
3. Give general information about what PFCA is doing.
4. Look on the [scdd.ca.gov](http://scdd.ca.gov) (website) to find out where and what time the Area Board meets in your area.



## SATURDAY, January 29, 2011

### Regional Reports (optional)



### EDT Report and update: Hallie Long

- Reviewed each page of the Peer to Peer Book.



### Core Four - PFCA Conference: Scott

The theme for the 2011 PFCA Statewide Conference will be "its Not What You Say It's What You Do!"

Since this will be our last Year with SLI as a partner, the board came up with ideas to make this conference special:

- Talent Show



- Gong Show
- American Idol
- Personal history about yourself
- Chapters helping chapters
- Dating Game
- Meet People/Speed Dating
- Say/Event
- Bullies
- Celebrating with them and moving forward
- Sock Hop/1950's
- Karaoke

**Keynote Speakers:**

Andre Economopoulos and David Taylor Jr. have been confirmed and accepted the offer by PFCA and SLI as keynote speakers.  
 Save the Date: PFCA Statewide Conference is scheduled for June 10-12<sup>th</sup> 2011

**California Memorial Project (CMP): Linda Thompson**

Linda Thompson:.. She said some chapters in the San Diego area have had fundraisers to raise funds for CMP. Anders Pearson from Region 6 is going back to his region to ask them to have a fundraiser for CMP.  
 She asked PFCA to set up a room at the conference for people to tell their stories about their experiences living in developmental centers. Flyers will be sent out to the chapters about the Remembrance Day at the Developmental Centers

**SABE – Ryan Duncanwood -**

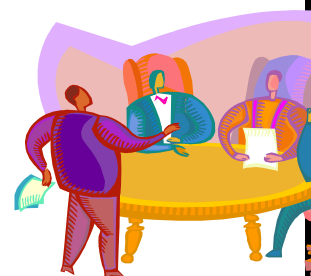
Ryan Duncanwood is a representative of Region 2 of SABE (Self Advocates Becoming Empowered), a National Organization. The region 2 area covers the states of Arizona, California, Hawaii and Nevada.  
 .. Kecia Weller, President of PFCA, will represent PFCA on the team for California. This meeting is an extension of the Summit in Denver, CO. that Joe attended.

**Roy Rocha:**

Roy created a new voting machine @ \$5.00 an hour

Cost to make one for each regional representative

Electronic cost:	\$11. 00
Switch:	\$3.95
Wood:	\$2.95
Batteries:	\$1.50
Lettering:	\$2.00



Box: \$1.45

A motion was made by Scott and 2<sup>nd</sup> by Roger that we pay Roy \$200 to make the voting machines for the Board. Unanimously approved

**Parking Lot: Keith Bonchek**

Keith needs a Banner and PF products for meetings with prospective chapters.  
Suggestions: Baseball caps, coffee mugs, windbreakers, wrist bands, water bottles, small bags w/logo, back packs, recyclable grocery bags, [www.chicobag.com](http://www.chicobag.com) (530) 342-4426, bumper stickers

Next Board Meeting will be the 3 day Retreat in Sacramento on April 8, 9, 10, 2011



## Regional Reports: (Optional)

### **Region 1: Gail Walters**

Our chapter just had a Halloween party at Discovery Inn in Ukiah. Everyone had fun! We had a costume contest. It was a great success. We took lots of photos and Debby made them into a slideshow. They are on the People First of Ukiah website.

Next was our People First of Ukiah Meeting it was held on January 3, 2011. At our meeting Valerie Johnson from the TAPS program (which is an Art/Photo program), announced that there will now be a day program for those that were interested should talk to their worker and get it on their IPP. Valerie is also working on getting more info for us on our project to exchange art and to donate art supplies to Oprah's children in Haiti. Each meeting we still collect food for our local food bank. We now even have a calling committee to remind people to bring food. The calling committee has helped us collect more food. We still go over one of the five principles of a people first chapter at each meeting. We also are reading the guide to becoming a qualified People First Helper/Advisor.

Our chapter had an Alice in Wonderland/New Year Prom dance at Discovery Inn on January 14, 2011. We collected \$8.00 each to cover our costs. We had Mark Anthony DJ for us. We served cookies, hot cocoa, tea, coffee and soda. We took photos and they are on the web site too. Our next outing is February 14, 2011. It is the Special Olympics over the rainbow dance. For March we will host a St. Patrick's Day Pizza Party on March 18<sup>th</sup>, at Marino's Pizza in Ukiah.

We still have had no success talking with other people first in our area.

### **Region 2: Roger Pulliam**

At Region 2, we are in the process of planning our second fundraiser. Far Northern still does not have the money to give any scholarships for conferences. If we want to keep having our conference we will have to raise the money ourselves.

Anyone that wants to go to the People First of California Conference this summer will have to come up with their own money.

Chico – Are working on what to do about members behaving badly at meetings, so everyone feel safe.

Corning – Has got a number to adopt a local soldier. We all worked together to write our first letter.

Gridley – Working on building up their membership and personal problems that affect the chapter.

Oroville – Are creating bylaws and have elected officers.

Red Bluff – Are reviewing their own bylaws. Is working on how to get more people involved in their meetings?

Paradise – Working on bylaws and how much to charge for dues.

Shasta – Is organizing officer responsibility and limits.

Trinity – Lost two long time members, because they say they have been there a long time and were getting bored.

Yreka – Is also talking about fundraising and changed their meeting day, so more people can come.

All chapters are talking about fundraising for the Region 2 People First Conference in 2012. People are worried because PFCA is very expensive and Far Northern will not have scholarships for part of the cost. Many people are not going.

### **Region 3: Cindy Richards**

Chapter Events, Fundraisers and Outreach

**Capitol People First** – Hosted member appreciation lunch at Golden Corral on Watt Ave., on December 4<sup>th</sup>.

Two awards were given:

- Ruth Shelton award for outstanding chapter member went to Jennifer Allen for her outreach to high schools
- Bob Rosenberg award went to Sujatha Branch and Jonathan Ellson for their support, help and guidance as chapter concluded their final settlement of 7 year long lawsuit against DDS and regional centers.

**Marysville People First** – Is celebrating their second anniversary and working on their logo.

**Nevada County** – Held elections and has new president, Sara P. Chapter worked on new by-laws. Chapter is also developing new fundraising ideas.

**Placerville People First** – is holding a flea market fundraiser and is looking for donations. Chapter is hiring a new advisor and donated \$200 to needy families in their area.

Announcement:

Zach Miller is President of PCS People First in Stockton.

### **Region 5: Carmen Quinones**

The People First of South County and North County are combining into one People First Group. We are still looking for a new location to have our meetings.

### **Region 6: Anders Pearson**

I found out that Open Door Services does not have a People First Chapter yet, and I'm not sure about the Allen Short Center.

Last October our old president at PCS got overwhelmed and stepped down from office. Zachary Miller was voted in as the new president.

Also in October a "Special Day" was held at the Dell Osso Farm in Lathrup. Lots of programs attended.

In November our region had its Area Board Meeting.

The VMRC had a micro business fair which was one big hit in our region.

Last month at Scottish Rite Masonic Center "Special Christmas" took place. Lots of programs went to that too.

### **Region 7: Terrail Lott**

We had our conference on November 19, 2010.

- What did everyone like (PF members and support staff): treated very well by the Doubletree staff, Dating Game, everyone left the conference when it was over (without problems), saved Kern Regional Center \$20,000, motivation to attend the workshops, lots of fun.
- What could make it better: go back to the original 2-day conference, no Hawaiian dance workshop, a talent show during dinner.
- Pictures taken by Ed Romero: purchase blank CDs for Ed to copy conference pictures onto and sell for \$5.00 per CD

Fundraisers:

Bake sale, yard sale, quilts, Carl's Jr. Coupon books, car wash, Entertainment books, beef jerky, scratchers, dance, and art sale

Additional ideas:

- Creating subcommittees
- Start brainstorming a People First activity
- More community involvement/get the word out about People First Celebration on May 7<sup>th</sup>, (Spanish speaking conference), Veteran's Parade

People First Conference in June 9-11, 2011 (Sacramento) – Roy Rocha

- 10 people are approved to attend the conference. Name to be drawn (including back up attendees. To be paid for by KRC. More than welcome to pay for yourself to attend the conference.

### **Region 9: Jody Barker**

1. People First of SLO completed elections of new executive officers in early December 2010.
2. The Annual Robert Bove Community Service Project Holiday Dance was held on December 10, 2010, in San Luis Obispo. The purpose of the project is to give back to our community while having a good time together. \$431.00 raised at this dance will be donated to the SLO Breast Cancer Care Fund, a local non-profit organization.
3. People First of SLO began the process of reviewing and updating our informational pamphlet.
4. Work on the People First of SLO Advocates attended an open forum presented by Tri-Counties Regional Center on Wednesday, January 19<sup>th</sup>. Issues discussed included the proposed California budget, cuts to IHSS, SSI/SSP, Regional Centers, and other non-profit organizations serving adults with disabilities.

### **Region 10: Kecia Weller**

The Self-Advocacy Board of Los Angeles County just created a temporary Budget Strategy Committee to decide what actions to take on the new Governor's proposed budget cuts. The group is very concerned about cuts to SSI, Medical, IHSS, the possibility of regional center "statewide service standards" and other cuts to DDS totaling \$750 million. The Board is also following the activities for the State Council's Employment First Committee through the Board President who participates on that group. They also had a recent presentation on the U.N. Convention on the Rights of Persons with Disabilities and will decide about sending a letter to our U.S. Senators urging ratification at a future meeting.

Area Board 10 and the Inclusion Institute are sponsoring the annual "An Inclusive Life" conference. This time, it will be two days, Monday and Tuesday, April 4 and 5, 2011, held at the California Endowment's Center for Healthy Communities. The focus of this event will be on special education. Further information can be obtained by calling (818) 543-4631.

People First of Santa Monica is planning to have a bowl-a-thon on April 23, 2011 to raise money. The bowl-a-thon will be 3 pm to 5:15 pm at the El Dorado Bowling Lanes in Westchester. Kecia Weller was able to give training on team building to make People First of Santa Monica more unified.

### **Region 11: Hallie Long**

People First of Anaheim talked about moving locations, in November. In December we are doing a presentation to the Consumer Advisory Team at the Regional Center of Orange County. We also are having a holiday party.

People First of Fairview in November had a person come and do a workshop on what is a board.

In February, People First of Anaheim is moving locations and changing names, to either People First of Orange County or Santa Ana. We move to the new regional center office in Santa Ana, and the Director of the office really wants to do this and so does everyone in our group. I worked out all the details for this to happen with no problems and it did. We are also getting more people interested because of the location. We are getting 10 new members in February, because of a presentation that I did on January 19<sup>th</sup>.

People First of Fairview did an officers training in January 2011.

### **Region 13: Chris Pirino**

San Diego People First members are busy planning their annual conference, their 21<sup>st</sup> Annual SDPF Self Advocacy Conference on May 7<sup>th</sup> and 8<sup>th</sup>, 2011. The theme is 'Rock and Roll with disability History'. We are still working on selecting the speakers for our conference. The planning committee is discussing different ways to raise funds for the conference.

A member of SDPF conducted training on "Violence Prevention" at one of SDPF Saturday Meetings. Everyone really enjoyed the presentation and requested additional training on the topic. At the January meeting there was a presentation on "Affordable Housing and Rental Assistance Programs".

Two SDPF members have been participating as peer support for an ongoing self advocacy group at a local high school. We discuss self esteem, assertiveness, bullying, and disability awareness. In addition we talk about the disability rights movement and how things have changed.

SDPF also provided Voter Education training at a local transition program and during our quarterly leadership trainings.

In December SDPF held their annual teddy bear dance in Balboa Park at the War Memorial Building. Over 200 teddy bears were collected and donated to Children's Hospital. We also completed the Rachel's Women's Shelter project which consists of gathering personal care items and putting them together in gift bags. In total 74 bags were created and donated to the shelter.

The Imperial Valley People First group created 50 gift bags and donated them to a program for Senior Citizens.

IVPF will be hosting their annual conference on March 12, 2011. Their conference will be a one day event with a keynote speaker, workshops and dinner/dance. IVPF is trying to raise money for their conference by holding a pancake breakfast on February 19, 2011.