

People First of Region 13

GROUP	LOCATION	MEETING DATE AND TIME	CONTACT
HGH Self Advocacy Group	Greenfield Mobile Estates 400 Greenfield Drive El Cajon, CA 92020	2 nd Wed. 1x month	Liane Wilson (619)954-8259
Advanced Options	Escondido	Weekly Call for info	Michele Courte (760) 743- 7193
PEERS	SDRC-Santee 8760 Cuyamaca St.	1 st & 3 rd Thursday 5:30-7:00 2x month	Debra Jackson (619) 596- 1000
PEERS	Ramona- Call for location	4 th Thursday 6:00-7:30 1x month	Debra Jackson/Charlene Wuttke (619) 596- 1000
San Marcos Civic Center – Easter Seals Group	2 Civic Center Drive San Marcos	1 st & 3 rd Thursday 10:30 2 x Month	Onalysa Flynn Easter Seals (760) 737- 3990 EXT. 25
People First Friendship Club	John Towers 1855 John Towers Ave El Cajon	3 rd Friday 1:00- 2:00 1 x Month	Bob Guthrie Elizabeth Cortez (619) 448- 2415
St. Madeleine Sophie's Center People First Chapter	2119 East Madison Ave. El Cajon, CA	2 nd Friday, 12:30pm- 2:00pm 1 x Month	Tom Carr/Billie Anderson/Karla Bryan/Rachel Ramsey (619)442-5129 Charlie Lizzaraga
SDRC Social Network	4355 Ruffin Road San Diego, CA 92123	1 st & 3 rd Thursday 4:30- 6:00 2 x Month	Vanessa Smith (858)\496-4305

Arc Speakers Gavel Club	1374 East Lexington Ave. El Cajon, CA	Wednesday 1:00 Weekly	Mike Wasyliw (619) 444-9417
Voices of ARC Lexington- People First	1374 East Lexington Ave. El Cajon, CA	Wednesday weekly1:00	Shirley Allman Denise Hegerty (619) 444-9417
TRACE Student Governance	3773 30 th Street	Last Wednesday 1 x month	Shirley Hesche (619)281-1761
UCP- Consumer Council	UCP 6153 Fairmount # 150 San Diego	Friday 1:30 1 x weekly	Andy Myers (858) 278-5420
Community Catalysts	Call for location, date and time	varies 1 x month	Loc Kieu (858) 549- 6200 Bettina Puga (858) 549-6200
San Diego People First	Recital Hall, Balboa Park	2 nd Saturday 10:00- noon 1 x month	Debbie Marshall Debbie.marshall@s cdd.ca.gov Michele Geving Michele.geving@sc dd.ca.gov (619) 688-4236 Rebecca Kingsley
San Diego People First Speakers Bureau	Varies	Call for info/date varies	Trena Wade Debbie Marshall (619) 688-4236
South Bay People First Self Advocacy Group	Starlight Center 1280 Nolan Street Chula Vista	Call for info 1 x month	Karen Maier Dennis Dizon ddidizon@arc- sd.com (619) 4277528
Imperial Valley People First	Catholic Charities	Third Saturday 1 x month	Salome White (760)352- 0180 Mike Hack